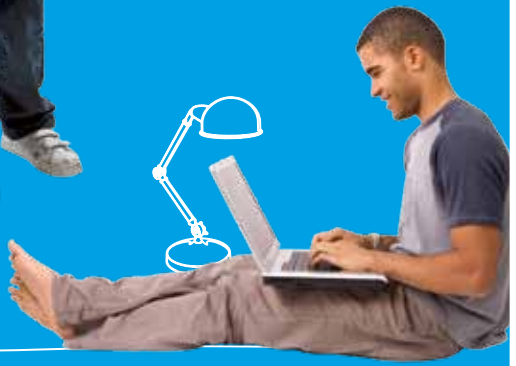


Get the skills, gain the qualifications and reach your goals

# Foundation Learning 16-18 year olds



We are here to help you with:

New skills

Recognised qualifications

Support and career guidance

**YMCA**  
**TRAINING**  
inspire - develop - transform

**If you want to get the confidence and skills** to move onto an apprenticeship, employment with training or further education, then Foundation Learning could be for you.

### **What is Foundation Learning?**

Foundation Learning will give you support and guidance to achieve your aspirations and gain new qualifications, working with you in the way that suits you best while encouraging you to set yourself challenging, achievable goals.

Foundation Learning programmes offer a combination of vocational learning, personal and social development and functional skills (English, maths and ICT).

### **We offer you**

- A relaxed supportive learning environment
- The chance to develop your skills and build your confidence
- Opportunities to make new friends

### **What happens?**

The course is flexible and can be tailored to each individual so you can take it at your own pace. You can learn in small groups and take as long as you need.

- We will support and guide you the whole way
  - You may be entitled to financial support
  - We will provide a fully individualised training package to develop your skills and help you progress
  - You can move onto an Apprenticeship, employment with training, further education or independent living
  - You will receive information, advice and guidance to help you plan your next step
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**“YMCA Training has given me everything - they have helped me get my confidence back, and I have learned to enjoy life, trust people, always work hard and to never be afraid. I’m a much stronger person now.”**

YMCA Training learner

### Your new skills

- Develop an understanding of a range of job opportunities
- Experience a working environment with an employer based on your career choice
- Further develop your English, maths and ICT skills in a work setting
- Build your confidence to take control of your personal development
- Progress with confidence onto one of four pathways:
  - An Apprenticeship
  - Employment with training
  - Further education
  - Independent living

### What will I achieve?

- More confidence in setting your own targets for your personal and social development
- Skills and accreditation, gained in a working environment
- Functional skills in qualifications English, maths and ICT

### Our learners say:

“The staff are great and help you loads!”

“Lots of help searching for jobs”

“They help you get the qualifications you need to get on”



Visit [www.ymcatraining.org.uk](http://www.ymcatraining.org.uk) to find your nearest centre. Then call or come and visit us to find out more and sign up.

## Reach your goals

Foundation Learning is designed to help you focus on your future, overcome any barriers and provide a clear route to further education, apprenticeships or employment with training.

## About YMCA Training

YMCA Training is a national charity working from 50 locations and on employer premises transforming the lives of young people and adults through work related training.

## Contact us

To find out about Foundation Learning, contact your local YMCA Training location by email, phone or drop in to see us.

Your nearest centre is:

